FOOD FOR OTHERS

POWER PACK PROGRAM
FOOD DRIVE PLANNING KIT



WWW.FOODFOROTHERS.ORG

ABOUT FOOD FOR OTHERS

OUR MISSION

Food for Others' mission is to distribute food to our neighbors in need by mobilizing our giving community and volunteers

We serve over 3,000 families in need each week. In Northern Virginia alone, over 105,000 people are experiencing food insecurity. Food for Others provides food for children, seniors, people who are sick or disabled, and the working poor who struggle to obtain enough nutritious food to live a healthy life. In FY25, Food for Others gave out over 3.1 million pounds of food across the community.

OUR POWER PACK PROGRAM

Thousands of children in Fairfax County have little to eat between their school provided Friday lunch and Monday breakfast. The Power Pack Program (P3) fills this gap - ensuring these children have access to food over the weekends and arrive to school on Monday mornings fed and ready to learn.

We provide over 3,900 children across 47 Fairfax County schools with Power Packs every weekend during the academic year. We rely on support from the community to obtain food, assemble Power Packs, and deliver them to the schools we serve.







MAKING POWER PACKS

Use a 2-gallon size Ziploc bag and include a **VARIETY** of **shelf-stable, single serve, non-perishable, kid-friendly** food items.

WHAT TO INCLUDE IN A POWER PACK

Select 2 **Breakfasts**

- Individual oatmeal packets
- Individual cereal boxes

Select 2 for **LUNCH** Select 2 for **DINNER**

- Tuna/chicken salad kits with crackers
- Chef Boyarde ravioli cups
- Mac & cheese cups
- Ramen noodles or cups
- Chili cups

Select 2 **SNACKS**

- Fruit cups (in juice only)
- Cheese & crackers
- Granola bars
- Nutri Grain bars
- Fruit snacks
- Dried fruits

Select 2 **DRINKS**

- 100% fruit juice
- Capri Sun juice boxs
- Shelf-stable milk

Please DO NOT INCLUDE

Peanut butter or any items that include peanut butter, candy, Poptarts, vienna sausages, glass containers. high sugar items, apple sauce cups with tinfoil lids, or bottled water.

DROPPING OFF AT FOOD FOR OTHERS

Power Packs can be dropped off at Loading Dock #3 (labeled) at the Food for Others warehouse.

We accept donations Monday - Friday, 9:30 AM - 4:30 PM at our warehouse.

2938 Prosperity Avenue
Fairfax, VA 22031





HOST A POWER PACKING EVENT:

Collect the Food

Purchase P3 food at the grocery store, club warehouse, or from our Amazon Wishlist. See our list for the variety and types of food recommended for your event.

Get your Team Involved

Encourage your friends, neighbors, colleagues, and social groups to participate in assembling Power Packs. Be sure to refer to our food list for items to include in each pack.

DONATE FOOD/ MONEY TO P3:

Donate Money

You can make a donation to Food for Others Power Pack Program online **here** or by mailing a check. $20 provides 5 children with meals for a whole weekend.

Amazon Wish List

Hold a virtual food drive by donating directly from FFO's P3 **Amazon Wishlist**. To keep track of the food your team donated through Amazon, ask participants to save and share their receipts.