

FOOD DRIVE PLANNING KIT

ABOUT FOOD FOR OTHERS

Mission

Food for Others mission is to distribute food to our neighbors in need by mobilizing our giving community and volunteers.

We feed over 3,000 families in need every week. In Northern Virginia, more than 75,000 people live in poverty. FFO provides food for children, senior citizens, people who are sick or disabled, and the working poor who struggle to obtain enough nutritious food to live a healthy life.

Contact

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HUNGER IN NORTHERN VA

WHAT IS FOOD INSECURITY?

Food insecurity means that individuals or families are so limited in their resources that they are unable to purchase enough nutritious food. In Northern Virginia, more than 75,000 people are food insecure. Families facing food insecurity may start eating less food, cutting out meat or vegetables, feeding their children cheap processed meals, or skipping meals so that their children can eat.

HOW DOES FOOD FOR OTHERS HELP?

Food for Others distributes food directly to families from our Merrifield warehouse, our mobile food pantries, and at 11 neighborhood sites in high-poverty areas. We also provide 20 community partner organizations with large quantities of food for their clients. Through our Power Pack Program (P3) we provide weekend meals for hungry students at Fairfax County elementary schools.

FOOD FOR OTHERS IMPACT IN FY2022:

60,826

INDIVIDUALS SERVED, MANY MORE THAN ONCE

3.5 MILLION

POUNDS OF FOOD DISTRIBUTED

110,706

POWER PACKS
DISTRIBUTED





RUNNING THE DRIVE

Set up Collection Points

Place your collection boxes in high traffic areas like the lobby or lunchroom. Make sure you have an adequate supply of boxes and that they are not too large to carry once filled with donations.

Get your team involved

Encourage your colleagues to participate in the food drive. Print and share our most needed items flyer (pg 4).

Drop off at Food for Others

Drop off donations at loading dock 2 of our Merrifield warehouse, **2938 Prosperity Ave**, Monday through Friday, between **9:30AM** – **5:00PM**.

More Ways to Donate:

Donate Money

You can make a donation to Food for Others online or by mailing a check

Amazon Wish List

Donate food directly from FFO's Amazon wish list

Virtual Drive

Host a virtual drive through <u>You</u> <u>Give Goods</u> and ship our most needed items directly to FFO

FOOD DRIVE

Help Food for Others feed 3,000 families each week! Every donation helps in the fight against hunger – no matter the size.

Most Needed Items

- Fresh fruit
- Fresh vegetables
- 100% fruit juice
- Canned meat (chicken, beef, tuna)
- Canned tomato products
- Spaghetti sauce (avoid glass containers)
- Chef Boyardee
- Rice
- Mac & Cheese
- Chili or beef stew
- Peanut Butter & Jelly

Guidelines:

We are unable to accept donations of items that are more than 3 years expired, opened items, food that is not labeled, homemade items, or cooked food.

