

POWER PACK FOOD DRIVE PLANNING KIT



ABOUT FOOD FOR OTHERS

Mission

Food for Others mission is to distribute food to our neighbors in need by mobilizing our giving community and volunteers.

We feed over 2,600 families in need every week. In Northern Virginia, more than 70,000 people live in poverty. FFO provides food for children, senior citizens, people who are sick or disabled, and the working poor who struggle to obtain enough nutritious food to live a healthy life.

Contact

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ABOUT THE POWER PACK PROGRAM

**Make someone
smile.
Feed a child.**

Thousands of local children have almost nothing to eat between their Friday lunch and Monday breakfast meals provided at school. FFO's power pack program ensures that these children do not go hungry on the weekends and that they arrive at school on Monday well-fed and ready to learn. **We provide more than 3,700 children at 45 Fairfax County elementary schools with Power Packs every weekend during the school year.** We rely on support from the community to obtain the food, assemble the power packs, and deliver them to the schools.





HOST A POWER PACKING EVENT:

Collect the Food

Purchase P3 food either at the grocery store, from our Amazon wishlist, or by making a donation to FFO and we will order P3 food in bulk. See the list below for the types of foods to include in each pack.

Get your team involved

Encourage your colleagues, neighbors, church, or friends to participate in stuffing the power packs. Set up an assembly line and be sure to include 2 breakfast items, 2 lunch items, 2 dinner items, 2 snacks, and 2 drinks in each power pack.

DONATE FOOD/ MONEY TO P3:

Donate Money

You can make a donation to Food for Others Power Pack Program online at <https://foodforothers.salsalabs.org/donatenow/index.html> or by mailing a check. \$20 provides 5 children with meals for a weekend.

Amazon wish list

Hold a virtual food drive by donating directly from FFO's P3 Amazon wish list. To keep track of the food your team donated through Amazon, ask participants to save and share their receipts.
<https://www.amazon.com/gp/registry/wishlist/28CATJNWVS2OT>

PUTTING PACKS TOGETHER

Use a 2 gallon size Ziploc Bag. Include items that are shelf-stable, kid-friendly and single-serving sized. **Each pack must include 2 breakfast items, 2 lunch items, 2 dinner items, 2 snacks, and 2 drinks.**

WHAT TO INCLUDE IN EACH PACK:

Breakfast

- Oatmeal Packets
- Cereal (Individual Sizes)
- Granola Bars
- Nutri Grain Bars

Lunch/ Dinner

- Chili Cups
- Mac & Cheese Cups (single-serving)
- Tuna/ Chicken Salad Kits with Crackers
- Chef Boyardee, Ravioli

Snacks

- Fruit Cups (in juice NOT syrup)
- Cheese & Crackers
- Granola Bars
- Fruit Snacks, Dried Fruits

Drinks

- 100% Fruit Juice
- Capri Sun Juice Boxes
- Shelf-stable Milk

Please do not include:

Peanut butter or items that include peanut butter, candy, Pop-tarts, Vienna sausages, glass containers, high sugar items, apple sauce cups with tinfoil lids, or bottled water.

DROP OFF AT FOOD FOR OTHERS

Drop off the power packs at loading dock 2 of our Merrifield warehouse, **2938 Prosperity Ave**, Monday through Friday, between **9:30AM – 5:00PM**. Once we have received the packs, our volunteer drivers deliver them to the schools.

